

# MARK WELLMAN'S ADVENTURE DAY AT THE SPARKS MARINA



Bring closed-toe shoes,  
bathing suit and sun block for  
a FREE fun day in the sun.

Who: All people with disabilities & their families and friends.

**Sunday, June 9th • 10 am to 2 pm**

Climbing • Kayaking • Cycling

**FREE - Join us for a day to try new things! - FREE**

We'll have kayaks, adapted rock climbing equipment  
and hand-cycles available for participants to try.



Special Thanks to The Nell J. Redfield Foundation  
For Details: [www.sparksrec.com](http://www.sparksrec.com) or call (775) 353-7815  
Sparks Marina Park • 300 Howard Drive